

CIRCALENDAR - a round calendar

Circalendar is a round calendar based on the understanding of time being cyclic.

It is a combination of calendar and medicine wheel directly inspired by the Native American teachings of the Delicate Lodge that can be traced back to the Mayan People.

The astronomical markers of the Solstices and Equinoxes are in perfect alignment with the four Directions as an expression of the sacred universal geometry of the relationship between the Earth and the Sun.

The design for 2017 is inspired by the medicine wheel The Four Attentions.

The four attentions teach us how to focus our attention in a life growing way and make us ready for action.

The winter season, called the Kiva time, is the dark, cold period when nature is asleep and the seeds of the new year are still lying in the ground, preparing for the future. During this dormancy it is also in human nature to rest more, dream, become quiet and look inwards. To reflect on the year passed, say goodbye and begin to dream the new seeds that will grow in the coming year.

The four Kiva Moons:

- 1: Remember the year that passed and release.
- 2: Become quiet, reflect; what needs strengthening?
- 3: Make room for new dreams and inspiration.
- 4: Plant new seeds, let new ideas grow.

The Kiva period ends at Spring Equinox which is the New Year of the tradition.

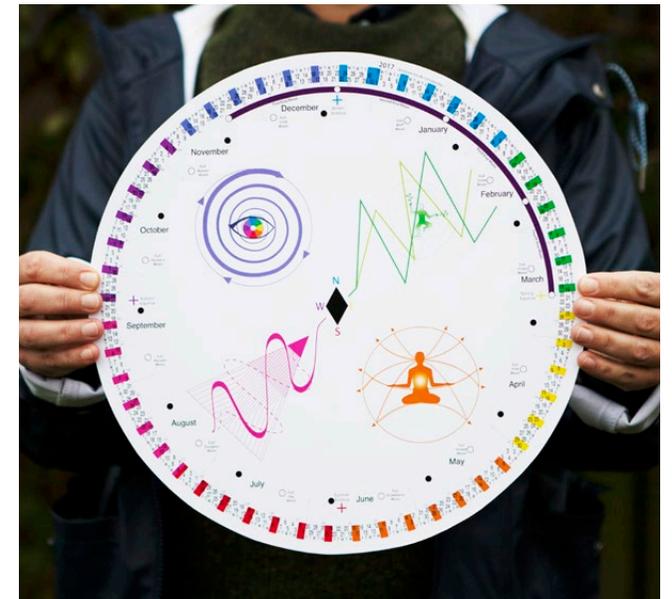
Read more about the circalendar and the story behind:
www.dotseverine.dk/circalendar

Have a beautiful year!



Circalendar

a round calendar for 2017



www.dotseverine.dk/circalendar

Circalendar 2017

Design: The Four Attentions

The Four Attentions strengthen our ability to focus our attention. They offer a pathway to expand our consciousness, each direction building on the previous in a fixed sequence.

- 1 **Southeast: Be Present**
- 2 **Southwest: Guards Out**
- 3 **Northwest: Look for the Teaching**
- 4 **Northeast: Let the Little Child Play**

Be Present - focus on the present moment. Open, connected and appreciative.

Guards Out - focus our thought and our intention. Align with, adjust and remember our direction in Life.

Look for the Teaching - focus on what Life is teaching us. See the cycles, flow and learning.

Let the Little Child Play - focus on how we manage our energy. Shift, change and grow Life.

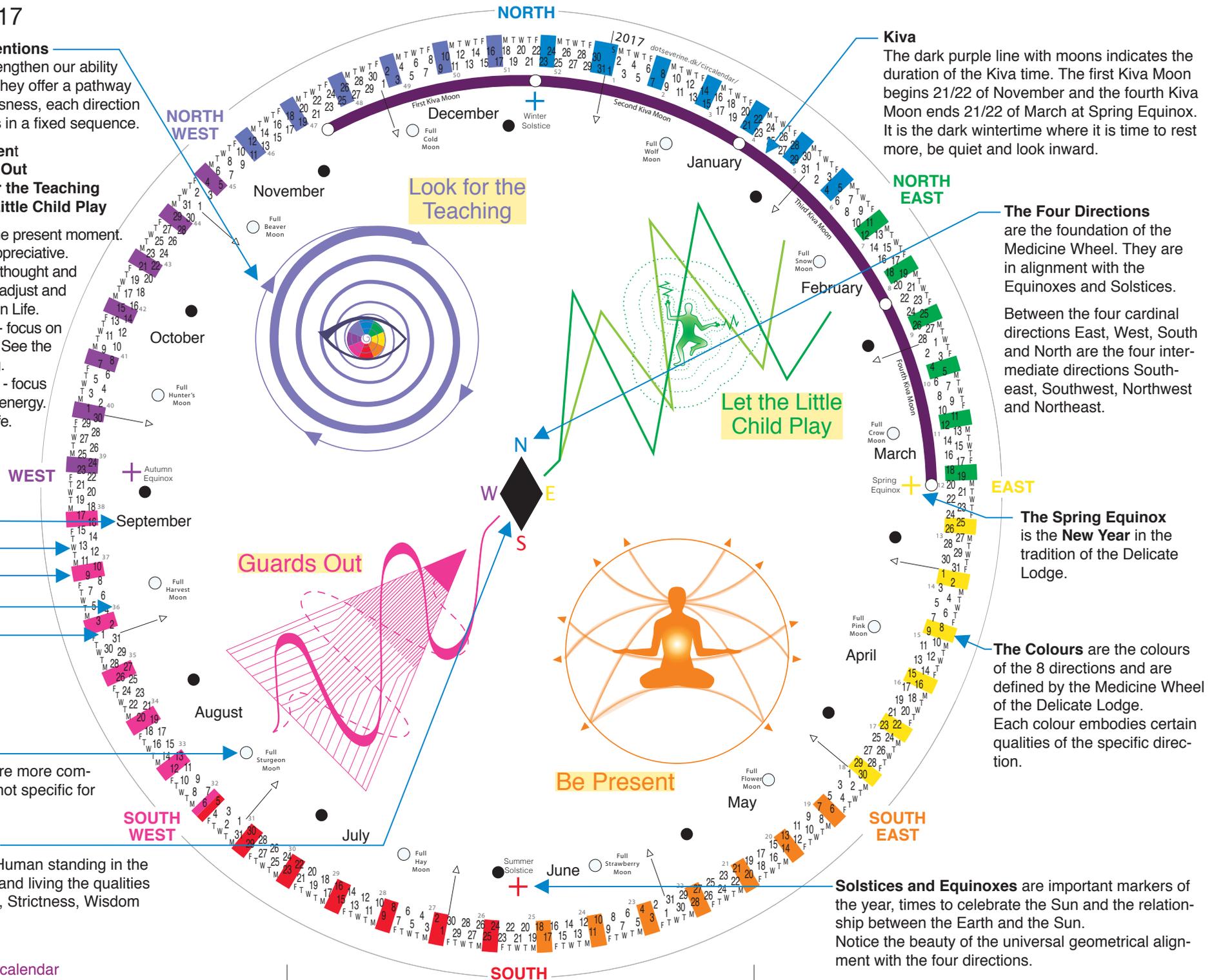
- Month → September
- Week day →
- Weekend →
- Week number →
- Date →

New and Full Moons

The full moon names are more common or traditional and not specific for the Delicate Lodge.

The Center Diamond

Symbol of the Sacred Human standing in the Highest Self, centered and living the qualities Courage, Benevolence, Strictness, Wisdom and Sincerity.



Kiva
The dark purple line with moons indicates the duration of the Kiva time. The first Kiva Moon begins 21/22 of November and the fourth Kiva Moon ends 21/22 of March at Spring Equinox. It is the dark wintertime where it is time to rest more, be quiet and look inward.

The Four Directions
are the foundation of the Medicine Wheel. They are in alignment with the Equinoxes and Solstices. Between the four cardinal directions East, West, South and North are the four intermediate directions Southeast, Southwest, Northwest and Northeast.

The Spring Equinox
is the **New Year** in the tradition of the Delicate Lodge.

The Colours
are the colours of the 8 directions and are defined by the Medicine Wheel of the Delicate Lodge. Each colour embodies certain qualities of the specific direction.

Solstices and Equinoxes
are important markers of the year, times to celebrate the Sun and the relationship between the Earth and the Sun. Notice the beauty of the universal geometrical alignment with the four directions.

Look for the Teaching

Let the Little Child Play

Guards Out

Be Present

SOUTH

NORTH

NORTH EAST

WEST

EAST

SOUTH EAST

SOUTH WEST

